

Alex Knight



I have just come to the end of the best football year of my life. After four weeks of trials, I was on holiday when we opened an email to discover that I had been chosen for the GPSFA A team. I was so proud and excited because I had heard from friends what a fantastic experience it was. This feeling was made even better when, at the first game, I was called to the side to be told by the coaches that they wanted me to be captain for the season. What an honour!

Apart from the competitive weekly matches, we have also had some great team building experiences: caving (my favourite), mountain biking, foot golf, swimming and bowling. We have also had fantastic tours to the Isle of Wight, London and an incredible week in Jersey. During this season I have made memories and friendships that will last a lifetime.

The coaches have been amazing with their commitment and support throughout. They have driven us up and down the motorways to loads of different venues (and service stations), but nothing beats the atmosphere of Longlevens, the home of GPSFA. We have had great support this year from all the players' families, waving their GPSFA scarves, which we started to call 'The Yellow and Black Wall' (think Dortmund).

I will never ever forget this year as it has been awesome. My best moments have been: scoring a hat trick on my birthday, visiting Wembley Stadium, being on tour with my teammates (especially in Jersey) and being top goal scorer for the season.

If you work hard enough and you are chosen to represent the GPSFA, then jump at the chance because it is the best thing I have ever done.